

Cindy Charlton
2967 W. Tanforan Dr.
Englewood, CO 80110
303-730-8203/720-354-6591
cindycharlsky@gmail.com
www.cindycharltonspeaks.com
<http://thesurvivorshandbook.blogspot.com>

POSITION:

I am seeking a position in which I can assist people with disabilities navigate through the able bodied world and access necessary services and supports.

KEY STRENGTHS:

Emotional Strength
Compassionate
Inspirational
Highly effective Communicator
Organized
Experienced Trainer
Professional Speaker
Published writer
Effective in working with the Disability community

WORK EXPERIENCE:

SMALL BUSINESS OWNER Cindy Charlton Speaks (2005-Present)

Inspirational and motivational Professional Speaker for businesses, non-profit organizations, and state government entities. Provide trainings on disability etiquette; self efficacy, and effective communication skills. Creatively market self and materials for the speaking arena; ability to keep good business and financial records.

SUBSTITUTE TEACHER (2009-2010)

Littleton Preparatory Charter School (LPCS) K-6 grades, all academic subjects.

ADMINISTRATIVE ASSISTANT/ADULT PEER COUNSELOR, KIDS ALIVE!

(A support group for youth whose parents have cancer) (1999-2001)

Provided peer support to parents whose children were participants in the group; made marketing materials available to local schools, churches, human services agencies, and other community groups; created files for and kept statistical data on all youth participating in Kids Alive!, assisted in creating the Kids Alive! Logo design; interfaced with local media and the Kids Alive! group in order to foster community exposure;

scheduled events, meetings, and individual counseling appointments with group facilitators.

CUSTOMER SERVICE MANAGER, SATURN CAR COMPANY (1989-1997)

Interacted with all customers; planned and organized monthly meetings, and events; effectively mediated issues between customers and company; effectively mediated inter-departmental personnel issues. Coached Sales and Service Staff in active listening skills, and how to diffuse potentially angry situations; facilitated monthly team meetings and team building events for store personnel; prepared and kept accounting of department budget; implemented an effective customer service plan to increase customer satisfaction, for both sales and service..

COUNSELOR, MEN, INC., JUNEAU, AK Intern (1986-1987)

Conducted intake interviews with clients for the batterers' skill building group; co-facilitated skill building group for batterers; co-facilitated therapy group for batterers program; interviewed clients' significant others/partners; conducted alcohol/drug /violence weekly check-ins; provided crisis counseling; co-facilitated therapy for adolescent male anger management group.

COUNSELOR RAPE CRISIS CENTER, ALBUQUERQUE, NM Intern (1985)

Met with and interviewed victims of sexual assault; aided medical personnel in evidence collecting ("Rape Kit"); provided one to one crisis counseling; co-facilitated group therapy sessions for rape victims, and adult women incest survivors; one to one therapy with child victims of sex assault; helped facilitate a "think tank" group between five rape survivors, and the Albuquerque Police Department Sex Crimes Unit in the efforts of identifying a serial rapist ("The Northeast Heights Rapist").

OTHER EXPERIENCE:

CCWA (Colorado Coalition for Working Amputees) Legislative Organization:

Worked on the construction of the Colorado state health insurance mandate, "The Prosthetic Parity Bill" (HB1478), which passed into law in 2000.

C.A.S.T - A SUPPORT GROUP FOR AMPUTEES IN METRO/DENVER AKA COLORADO UNLIMBITED CONNECTION,INC.

Organizer and Support Group Facilitator

FUNDRAISING:

PROJECT STOCKING STUFFER (PSS) -- Founder and Organizer

(Christmas Stocking project for the homeless population in the Denver/Metro area)

YMCA BENEFIT CONCERT-- Chair

(A fundraiser for children with disabilities)

A NIGHT FOR NICK -- Organizer and Planner

(A local fundraising event for a child with Adrenoleukodystrophy—"ALD")

COMMUNITY SERVICE:

Colorado State Regulatory Physical Therapy Board (Gubernatorial Appointment)
2012---present

Continuing Competency Committee (CO Physical Therapists) 2012---present

Board of Advisors Southwest YMCA 2003---present

Amputee Peer Support Advocate 1999---present

CCWA Legislative Member/Lobbyist 1999---present

President of Board of Directors CUCAST 2006---2008

EDUCATION:

New Mexico Highlands University (Bachelor of Arts degree/Psychology)

New Mexico Highlands University (Master of Science Degree Psychology)

Amputee Coalition of America (Peer Visitor Training Certificate)

Colorado School of Family Therapy (Child and Family Investigator Certificate)

PERSONAL:

Single mother of two sons; published author and blogger; singer; dog lover; avid reader; loves helping people.

REFERENCES:

Jeffrey Cain, MD

Director of Family Medicine Children's Hospital

13123 East 16th Ave.

Aurora, CO 80045

T:720-777-1234/Jeffrey.cain@childrenscolorado.org

Tom Helms, Helms and Associates PC

6400 S. Fiddlers Green Circle, Ste. 1270

Englewood, Co 80111

T:303-919-1958/Thomas_helms@hotmail.com

Tami Struessel PT, DPT, OCS, MTC

University of Colorado/Physical Therapy Program

MS C244

13121 E. 17th Ave.

Aurora, CO 80045

T:303-724-9140/tami.struessel@ucdenver.edu